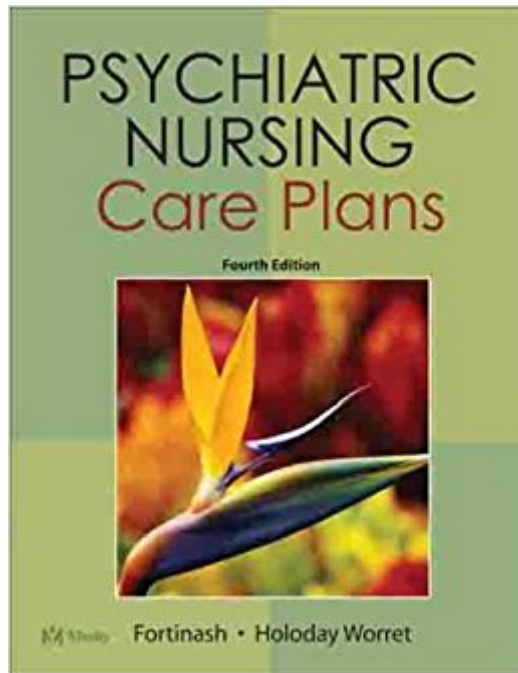




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# Psychiatric Nursing Care Plans, 4e



## Synopsis

Now with a second color to highlight a new, friendly design, the fourth edition of this practical reference presents 48 consistent, comprehensive care plans to assist students and practitioners in providing effective psychiatric nursing care in a variety of settings. It includes a logical organization, clear presentation, consistent use of the nursing process, and a correlation of nursing and medical diagnoses. Grounded in the latest classification of the Diagnostic and Statistical Manual of Psychiatric Disorders, IV, Text Revision (DSM-IV-TR) and the most current list of NANDA-approved nursing diagnoses, it covers a wide range of disorders, their psychopathology, and appropriate nursing interventions. Chapters use real-life examples and situations, as well as therapeutic and nontherapeutic dialogue to enhance content. The ANA six-step nursing process format is incorporated throughout to emphasize a practice-oriented, problem-solving approach to psychiatric care. 48 care plans are included for disorders such as sexual dysfunction, dissociative identity disorder, and posttraumatic stress syndrome. The NANDA diagnosis and taxonomy; factors related to the disorder; defining characteristics with detailed scenarios; desired end state goals; and step-by-step nursing interventions with realistic case examples are offered. Therapeutic and non-therapeutic dialogue examples are presented for more effective client communication. Specific, relevant, and practical nursing interventions are included with rationales. Outcome/evaluation criteria is provided for each disorder giving the reader clear indications of the desired end state. Complete chapters are provided on eating disorders and adjustment disorders, with updated, in-depth information about each of these conditions. Helpful appendices contain information and strategies that are timely and useful in the care of clients with mental and emotional disorders. Clinical Alerts highlight critical information in the practice setting. The Planning and Implementation section now features a two-column format of Nursing Interventions and Rationales for improved clarity and comprehension. Client and Family Teaching boxes address the problem of shortened hospital stays and focus on post-treatment instructions for clients and caregivers. Pharmacotherapy boxes include the most recent psychotropic drug information and appropriate related client care. A second color enhances the attractive, user-friendly design • increasing the accessibility for students and practitioners. A CD-ROM includes a completely interactive care plan constructor, special Appendixes covering suicide assessment, the latest guidelines for seclusion and restraint, patients' rights, developmental theories, and the AA's Twelve Steps.

## Book Information

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